

**Mel and Enid Zuckerman College of Public Health
University of Arizona**

**SYLLABUS
MATERNAL AND CHILD HEALTH PROGRAMS & POLICY
CPH 682 / FALL 2008**

Course Time: Monday 9:30 am – 12:20 pm
Class Room: Drachman Hall, Room A116

Course Instructor: Dr. Iman Hakim; Tel. 626-5355
e-mail: ihakim@u.arizona.edu
Office Hours: Thursday: 3:00-4:30 pm (R A317G)

Course TA: Kate McDonald; Tel. 838-1382
e-mail: katem@email.arizona.edu
Office Hours: Wednesday 10:30 am- 12:00 pm

Course Description

This course will focus on women, maternal and child health programs, problems and policies with a public health perspective. It gives an historical account of roles played by government at various levels with assessment of health and policy development for mothers and children. The students will become acquainted with the programs, policies and future issues concerning family planning, maternal and infant health, preschool, school-age and adolescent health. Students will also be introduced to policy issues on disparities in minorities' health, women's health, children with special health care needs, nutrition and international health of mothers and children. Students will be imparted necessary skills for evaluation, planning and monitoring of maternal and child health programs and policies.

Course Prerequisites

Graduate students in a health related field including biological or social sciences.
P, CPH 586.

Learning Objectives of the course

At the end of the course students will be able to:

1. Understand the history and evolution of the maternal and child health programs and policy in the United States.
2. Analyze the impact of the policy issues on women and children programs nationally and internationally.
3. Prioritize factors that need to be considered when developing public health programs for women & children nationally and internationally.

Course Notes and Readings:

They will be posted on e-reserve on the class web page

Course Requirements:

- 1) Student will have to complete a paper and a report and make a presentation of each in the class.
- 2) Student will have to actively participate in the class and work with his/her group in completing the class quizzes

Grading System:

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|----|------------------------|--------------|
| A. | Student Evaluation | Points |
| | 1. Class Participation | 20% |
| | 2. Paper | 30 % |
| | 3. Final Report | 50 % |
| B. | Grading System | |
| | <u>Points</u> | <u>Grade</u> |
| | 90 - 100 | A |
| | 80 - 89 | B |
| | 70 - 79 | C |
| | 60 - 69 | D |
| | Below 60 | F |

Class Attendance/Participation:

Students are expected to attend and actively participate in all the classes. Absences should be pre-approved from the instructor

All holidays or special events observed by organized religions will be honored for those students who show affiliation with that particular religion. Absences pre-approved by the UA Dean of Students (or Dean's designee will be honored.)

Academic Integrity: Students are expected to abide by the University of Arizona Code of Academic Integrity found at <http://w3.arizona.edu/~studpubs/policies/cacaint.htm>.

Classroom Behavior: (Statement of expected behavior and respectful exchange of ideas)
Students are expected to be familiar with the UA Policy on Disruptive Behavior in an Instructional Setting found at http://hr2.hr.arizona.edu/dos/pol_disrupt.htm and the Policy on Threatening Behavior by Students found at http://hr2.hr.arizona.edu/dos/pol_threat.htm.

Grievance Policy: http://grad.arizona.edu/Current_Students/Policies/Grievance_Policy.php

Class Schedule

1. August 25 Overview of the class
Overview of ATMCH Criteria for MCH professionals
Introduction to Policy development
- Sept. 1 No class: Labor Day
2. Sept. 8 Health & Social Care of Women, Children, Youth, & Families
Overview of MCHB in Arizona
3. Sept. 15 Overview of Healthy People 2010
The American Family
Issues in Ethnicity, disparity & cultural competency
4. Sept. 22 Welfare Reform
5. Sept. 29 Immunization
6. Oct. 6 Indian Health (Zeenat Mahal)
7. Oct. 13 Border Health (Jill De-Zapien)
8. Oct. 20 Students' presentations (papers)
9. Oct. 27 Students' working groups (Report development)/APHA
10. Nov. 3 Global Health (Dr. Carmona)
11. Nov. 10 Physical Activity Policy (Dr. Lisa Staten)
12. Nov. 17 HIV (Doug Taren)
13. Nov. 24 Women's Health
14. Dec. 1 Student presentation (Final Report presentation)

Paper: Overview of Policy & Practice Worldwide

1. Breast feeding
2. Children with special health care needs
3. Domestic violence
4. Family planning
5. Immunization
6. MCH programs
7. Nutrition supplementation programs
8. Health care systems
9. Sexual health education programs
10. Programs for indigenous or minority women
11. Preventive care/screening programs

Report

1. Global health
2. HIV
3. Border health
4. Tobacco use
5. Reproductive health
6. Child abuse & neglect
7. Women cancer screening
8. Refugee
9. Obesity
- 10 Trafficking of women and children
- 11 Undocumented residents & Public Health

| Health Report outline Ver 1 | | |
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| Chapter | Contents | Purpose |
| I. Introduction | Purpose of this Report: What Triggered this Issue History | Background |
| I. Statement of Current Conditions | Problem Areas Trends Current Assessment | Show what is happening to Health (related issue) in the broad context |
| I. Risks | Impact of current Conditions & Trends Impact of inaction by the American people / policy makers Cumulative risk | Show the consequences of doing nothing more than the Status Quo |
| I. Mitigations | Convince the Policy makers/ American people to be proactive in improving Health (related issue) | Explain what must be done Describe the Report as a vehicle to mobilize America's citizens and policy makers |
| I. Summary of Need/Benefit of Assisting | Explain needs to be achieved. Why it is important | WIIFM (What's In It For Me) as an American citizen and an occupant of the globe. |
| I. Vision | Describe our vision that is both realistic and compelling. Convince the right people to do the right things. Appeal to everyone's good sense and humanity. | <ul style="list-style-type: none"> *Describe how we as citizens might help. *Describe how our policy makers can create a better outcome. |
| I. What Next?? | Plan for Action development Schedule Approval Milestones | Show some of the specifics of how the journey might unfold to achieve the Vision. |
| I. Appendices | Back up data & information | Details to convince the reader of the validity of this effort. |
| I. References | Quoted references | |

| Health Report Outline ver 2 | |
|------------------------------------|---|
| I. | What is “Health Issue”? A. Definition B. Stakeholders |
| I. | What is the current situation of “Health Issue”? A. Data |
| I. | What is/are the underlying Situation/Factors? A. Development Issues B. Health Systems C. Minority, Underserved, poor, border etc... D. Refugees and Internally Displaced People E. Cultural Context F. Legal Issues |
| I. | Why is This “Health Issue” Important? A. Economics B. Global/national security C. Traveler’s health |
| I. | Where do we go from here? A. Current activities (US, Other country, International Orgs) B. Access to Knowledge C. Vision and Path forward |