**Information Session Worksheet – Bachelor of Arts, Major in Wellness and Health Promotion Practice | Zuckerman College of Public Health**

Name:

UA Student ID Number:

UA Email Address:

Current Major?

Which of the following would you like to do?

[ ]  switch majors to Wellness and Health Promotion Practice

[ ]  add Wellness and Health Promotion Practice as a second major or second degree

What is your current UA cumulative GPA?

***Type in the answers below and email your completed sheet and advising worksheet to your new public health advisor. \*If you are unable to review the PowerPoint or complete this worksheet due to disability or other extenuating factors, please reach out to your new public health advisor for appropriate accommodations\****

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**Begin** by reviewing the posted PowerPoint slides on the public health website and the brief video, found [here](https://www.youtube.com/watch?v=iUax_UYHsEI&feature=emb_logo).

1. List three learning objectives of the degree:
2. List one type of employment you can do with a degree in Wellness and Health Promotion Practice:
3. How long should you give your advisor to respond to your email?
4. Who is your Wellness and Health Promotion Practice advisor? Hint: <https://publichealth.arizona.edu/undergraduate/advising>

1. Which degree requirements are only available once you have achieved advanced standing?
2. Why do you want to major in Wellness and Health Promotion Practice?
3. Which of the elective tracks are you most interested in?

[ ]  Aging and Population Health

[ ]  Health Education

[ ]  Health and Wellness

Please write 1-2 sentences as to why:

**Worksheet Submission:**

I attest that the information provided in this work sheet is my own work.

**Digital Signature – Type Name** **Date**

***Email your completed worksheet and advising worksheet to your new public health advisor.***