

"The Transformative Power of Integrative Medicine"



MEL AND ENID ZUCKERMAN
COLLEGE OF
PUBLIC HEALTH

2013 James E. Dalen Distinguished
Lecture for Health Policy
Dean Ornish, M.D.

Monday, April 29, 2013
5:30-6:30 pm DuVal Auditorium

The University of Arizona Medical Center
– University Campus, 1501 North
Campbell Avenue, Tucson Arizona

For more information contact: Donna Knight,
dknight@email.arizona.edu or (520) 626-6459

The James E. Dalen Distinguished Lecture for Health Policy

The endowment for the James E. Dalen Distinguished Lecture for Health Policy supports a series of visiting professors in health policy. These distinguished scholars offer lectures and discussions to our campus community and to the public on local, state, national and international health policy issues and connect the academic world with the "real world" of public health.

Dean Ornish, M.D., is the founder and president of the non-profit Preventive Medicine Research Institute and Clinical Professor of Medicine at the University of California, San Francisco. Dr. Ornish received his medical training in internal medicine from the Baylor College of Medicine, Harvard Medical School, and the Massachusetts General Hospital. He earned a B.A. in Humanities *summa cum laude* from the University of Texas in Austin, where he gave the baccalaureate address.

He is the author of six best-selling books, including: *Dr. Dean Ornish's Program for Reversing Heart Disease*; *Eat More, Weigh Less*; *Love & Survival*; and his most recent book, *The Spectrum*. The Ornish diet was rated #1 for heart health by *U.S. News & World Report* in 2011.

Dr. Ornish was selected as one of the "TIME 100" in integrative medicine; recognized as "one of the most interesting people of 1996" by *People* magazine; honored as "one of the 125 most extraordinary University of Texas alumni in the past 125 years;" chosen by *LIFE* magazine as "one of the fifty most influential members of his generation;" and by *Forbes* magazine as "one of the seven most powerful teachers in the world."