Classroom Assessment Grades K-2

Coronavirus: What do I need to know?

Discussion Guide for Teachers

What is it?

- 1. Student awareness of "coronavirus"
 - It is a new virus, like a really bad cold, that one person can give another
 - Scientists have given it its own special name, coronavirus disease 2019 or COVID-19
 - It is a respiratory illness that affects the lungs and makes it difficult for some people to breathe

How does it spread?

- 2. How it spreads
 - It spreads from one person who is sick to another who hasn't yet been sick
 - Through small drops that escape the mouth and nose when sick people cough or sneeze
 - Touching an object or surface that someone who is sick has touched, sneezed on, or coughed on

What are the symptoms?

- 3. How do you know if you or someone else is sick?
 - Fever (feeling really hot)
 - Cough
 - Hard to breathe or catch your breath
 - Some people can get really sick and have to go to the hospital for help

How can you prevent it?

- 4. How to prevent becoming sick...
 - There is no vaccine or shot to prevent healthy people from getting sick
 - Wash your hands for 20 seconds after going to the bathroom, before eating, after blowing your nose, coughing or sneezing (Sing Happy Birthday two times while washing your hands)
 - Avoid contact with those who are sick
 - Do not touch your eyes, nose, and mouth
 - Stay at home if you are sick
 - Cover your cough or sneeze with a tissue then throw tissue in the trash
 - Do not wear a mask if you are not sick
 - Only use a facemask if you are sick

Who is at higher risk?

- 5. Older adults
 - People who have heart disease, diabetes, lung disease

Source: Centers for Disease Control and Prevention. Retrieved March 2020 <u>https://www.cdc.gov/coronavirus/2019-ncov/about/index.html</u>

Activities and how to engage with kids:

- Circle time or roundtable discussion
- Showing videos
- Complete Kids Knowledge worksheet
- Printing out posters to place around the classroom

Videos

What coronavirus is:

- <u>https://www.youtube.com/watch?v=OPsY-jLqaXM</u>
- <u>https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/?mkt_tok=eyJpljoi-</u> <u>WkRjMU5URTBPRGRqT1RWbSIsInQiOiJYc1VuWmtLNIBMSk5FYjV1XC9qN1ZzaXk2aDg4cFVSQXBmQWFn-</u> QWRvczFxSGt4Z01TeXp2bWU2QmcrcFZQZTB6UVFWazVIMUpkR3VXYWp4dWh0RmZQNGc9PSJ9

How to wash your hands

• https://jr.brainpop.com/health/bewell/washinghands/?mkt_tok=eyJpljoiWkRjMU5URTBPRGRqT1RWb-SIsInQiOiJYc1VuWmtLNIBMSk5FYjV1XC9qN1ZzaXk2aDg4cFVSQXBmQWFnQWRvczFxSGt4Z01TeXp2b-WU2QmcrcFZQZTB6UVFWazVIMUpkR3VXYWp4dWh0RmZQNGc9PSJ9



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Kids knowledge of the coronavirus (COVID-19)	
1. What is coronavirus?	
2. How does it spread?	
3. What happens to the body?	
4. How can you prevent it?	
5. Who is at higher risk?	