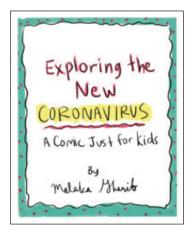
# Teacher's guide Comic Zine









## Page 2:

- OMG may be interpreted as "Oh My Gosh"
- Definition of *virus*: a type of germ. A virus is very tiny and when it gets inside a body, it makes the body sick.
- Definition of *disease*: an illness that keeps the body from working normally.

### Page 3:

- It is OK to share facts about the disease.
- According to recent CDC statistics, the risk of exposure to the virus is very low for most people, and children are not at high-risk. Less than 3% of people who have been diagnosed with coronavirus are children under the age of 19.

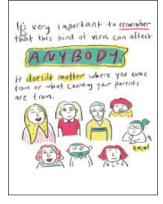
### Page 4:

- We can remind children about their healthcare providers and support networks.
- For a few months, older people must be more careful about touching people and limiting the number of people around them.



### Page 5-6:

- Children can take actions to help keep themselves and others healthy.
- It's OK if children accidentally make a mistake. They can try again next time.
- Reinforce the school plan for washing hands or using hand sanitizer before eating lunch



#### Page 7:

• Statements associating coronavirus with people of Asian descent should be directly addressed by providing education that coronavirus affects everyone.

# AND DON'T PARLET! There are a LOT of helpers out there who are warking to protect you. It is NOT your job to warg. Wares to mark to ward to wards. But schovsly, though... PLEASE wash your hands!!!!

### Page 8:

- There are many adults who are working to keep people in our community safe.
- If a child expresses fear, teachers may:
  - a) Validate emotions by saying something like "it is OK to feel scared," and
  - b) Provide reassurance with facts (coronavirus is rare, kids have milder symptoms, there are many helpers, and they are doing a great job paying more attention to hand-washing); and
  - c) Redirect back to school routine.
- If a child is expressing excessive concern that is interfering with their ability to engage in the school routine, it is recommended that you consider a referral to your school counselor and inform caregivers.

Coronavirus Comic Zine by Malaka Gharib, National Public Radio https://drive.google.com/file/d/1PYrKYfOBa4p-azI5z\_46KJMbi1FSmL\_Y/view

Guide prepared by faculty, staff, and students in the Department of Health Promotion Sciences, MEZCOPH, with support from the AZ Center for Rural Health.



# Folding Instructions Comic Zine

Comic book pages are not numbered. You can use this photo as a guide.

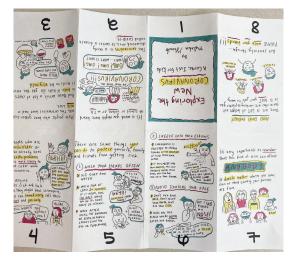


# Step 1



Fold paper in half lengthwise, then unfold.

# Step 3



Fold paper in half widthwise again, creating eight squares.

# Step 2



Fold paper in half widthwise; keep it folded.

Step 5

# Step 4



Fold paper in half (it should look like step 2) and cut a slit between squares 1 and 6.



Push all seams together in the center.

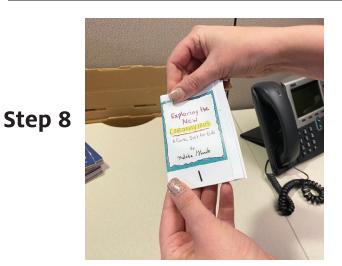


Unfold paper. Gently squeeze seam between Pages 1 and 2, and Pages 5 and 6.

Step 7



Fold so that pages 6 and 7 are touching, and 2 and 3 are touching.



Fold again so Page 1 is in the front and Page 8 is in the back.

**Step 9:** Enjoy reading with your students and answer questions, as needed.

A great video on folding one-page comic books: https://video.search.yahoo.com/yhs/search?fr=yhs-itm-oo1&hsimp=yhs-oo1&hs

part=itm&p=how+to+fold+a+four+window+one+page+comic#id=4&vid=10b74 234af250e6e3f0932accoe52918&action=view

### Step 6