

Students in the fully online Health and Wellness Promotion Practice major complement the major core coursework with your choice of one of the concentrated emphasis areas listed below.

- Questions? Reach out to your [academic advisor](#)

Emphasis Options:	For students seeking careers in...	Students take courses in (complete 12 units)
<b>Aging and Population Health</b>	Human services, government agencies, retirement communities, nursing homes, health care, and long-term institutional care facilities.	<p><b>PHP 301</b> Introduction to Gerontology  <b>PHP 305</b> Public Health in the Digital Age  <b>PHP 312</b> Health Promotion and Well-being in Later Life  <b>HPS 412</b> Public Health Approaches to Mental Health Disorders in the US  <b>PHP 419</b> Alzheimer's Disease, Other Dementias, and the Role of Public Health  <b>PHP 424</b> Optimizing Well-being and Resilience in Older Adults  <b>EHS 425</b> A Public Health Lens to Climate Change  <b>PHP 436</b> Aging, Environment and Wellbeing  <b>PHP 437</b> Management and Leadership in Long-term Care  <b>HPS 442</b> Nicotine Dependence, Treatment, and Coaching Interventions  <b>EPID 454A</b> Healthy Aging in Action I  <b>EPID 454B</b> Healthy Aging in Action II  <b>PHPM 458</b> Health Care Marketing</p>
<b>Health Education</b>	Schools, workplaces, non-profit agencies, faith-based organizations, governmental agencies, and other wellness-related fields.	<p><b>**HPS 350</b> Principles of Health Education and Health Promotion  <b>**HPS 481</b> Health Education Intervention Methods            Complete 9 additional units from the list below:  <b>PHP 305</b> Public Health in the Digital Age  <b>HPS 306</b> Drugs and Society  <b>HPS 311</b> Childhood Obesity  <b>HPS 330</b> Human Sexuality  <b>HPS 400</b> Contemporary Community Health Problems  <b>HPS 412</b> Public Health Approaches to Mental Health Disorders in the US  <b>EHS 425</b> A Public Health Lens to Climate Change  <b>HPS 442</b> Nicotine Dependence, Treatment, and Coaching Interventions  <b>HPS 449</b> Family Violence  <b>PHPM 458</b> Health Care Marketing</p>
<b>Health and Wellness</b>	Healthcare settings, community health agencies, implementing programs that use mindfulness, nutrition,	<p><b>HPS 311</b> Childhood Obesity  <b>NSC 312</b> Weight Stigma, Nutrition &amp; Health  <b>NSC 320</b> Nutrition, Physical Activity and Health Promotion  <b>GHI 325</b> Dietary Assessment in Public Health Practice  <b>NSC 332</b> Health Coaching  <b>HPS 402</b> Corporate Wellness  <b>HPS 412</b> Public Health Approaches to Mental Health Disorders in the US</p>

	and exercise to meet the needs of diverse populations.	<b>HPS 416</b> The World's Food and Health <b>EHS 425</b> A Public Health Lens to Climate Change <b>HPS 442</b> Nicotine Dependence, Treatment, and Coaching Interventions <b>PHPM 458</b> Health Care Marketing <b>HPS 488</b> Adolescent Health <b>HPS 478</b> Public Health Nutrition
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