Students in the fully online Health and Wellness Promotion Practice major complement the major core coursework with your choice of one of the concentrated emphasis areas listed below.

- Questions? Reach out to your academic advisor

<table>
<thead>
<tr>
<th>Emphasis Options:</th>
<th>For students seeking careers in...</th>
<th>Students take courses in (complete 12 units)</th>
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</thead>
</table>
| Aging and Population Health | Human services, government agencies, retirement communities, nursing homes, health care, and long-term institutional care facilities. | PHP 301 Introduction to Gerontology  
PHP 305 Public Health in the Digital Age  
PHP 312 Health Promotion and Well-being in Later Life  
HPS 412 Public Health Approaches to Mental Health Disorders in the US  
PHP 419 Alzheimer's Disease, Other Dementias, and the Role of Public Health  
PHP 424 Optimizing Well-being and Resilience in Older Adults  
EHS 425 A Public Health Lens to Climate Change  
PHP 436 Aging, Environment and Wellbeing  
PHP 437 Management and Leadership in Long-term Care  
HPS 442 Nicotine Dependence, Treatment, and Coaching Interventions  
EPID 454A Healthy Aging in Action I  
EPID 454B Healthy Aging in Action II  
PHPM 458 Health Care Marketing |
| Health Education | Schools, workplaces, non-profit agencies, faith-based organizations, governmental agencies, and other wellness-related fields. | **HPS 350 Principles of Health Education and Health Promotion**  
**HPS 481 Health Education Intervention Methods**  
Complete 9 additional units from the list below:  
PHP 305 Public Health in the Digital Age  
HPS 306 Drugs and Society  
HPS 311 Childhood Obesity  
HPS 330 Human Sexuality  
HPS 400 Contemporary Community Health Problems  
HPS 412 Public Health Approaches to Mental Health Disorders in the US  
EHS 425 A Public Health Lens to Climate Change  
HPS 442 Nicotine Dependence, Treatment, and Coaching Interventions  
HPS 449 Family Violence  
PHPM 458 Health Care Marketing |
| Health and Wellness | Healthcare settings, community health agencies, implementing programs that use mindfulness, nutrition, | HPS 311 Childhood Obesity  
NSC 312 Weight Stigma, Nutrition & Health  
NSC 320 Nutrition, Physical Activity and Health Promotion  
GHI 325 Dietary Assessment in Public Health Practice  
NSC 332 Health Coaching  
HPS 402 Corporate Wellness  
HPS 412 Public Health Approaches to Mental Health Disorders in the US |
and exercise to meet the needs of diverse populations.

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>HPS 416</td>
<td>The World's Food and Health</td>
</tr>
<tr>
<td>EHS 425</td>
<td>A Public Health Lens to Climate Change</td>
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<tr>
<td>HPS 442</td>
<td>Nicotine Dependence, Treatment, and Coaching Interventions</td>
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<tr>
<td>PHPM 458</td>
<td>Health Care Marketing</td>
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<tr>
<td>HPS 488</td>
<td>Adolescent Health</td>
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<tr>
<td>HPS 478</td>
<td>Public Health Nutrition</td>
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