

Rural Service Learning 2015



THE UNIVERSITY OF ARIZONA
MEL AND ENID ZUCKERMAN COLLEGE OF
PUBLIC HEALTH

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Overview



Monday: Bill's Wild Tour

Tuesday: Our Nifty Neighbors

Wednesday: Spectacular Seniors

Thursday: Back to our Childhood

Thursday: Native American Empowerment

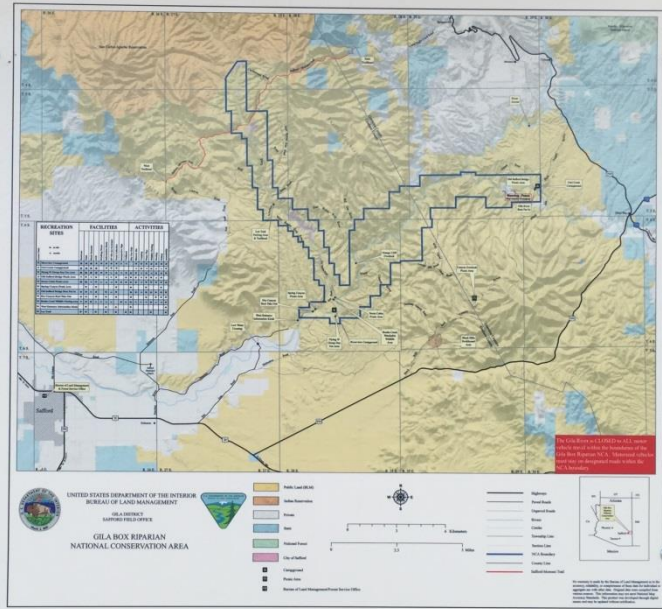
Friday: Fascinating Freeport

Rural Health

Monday: Bill's Wild Tour



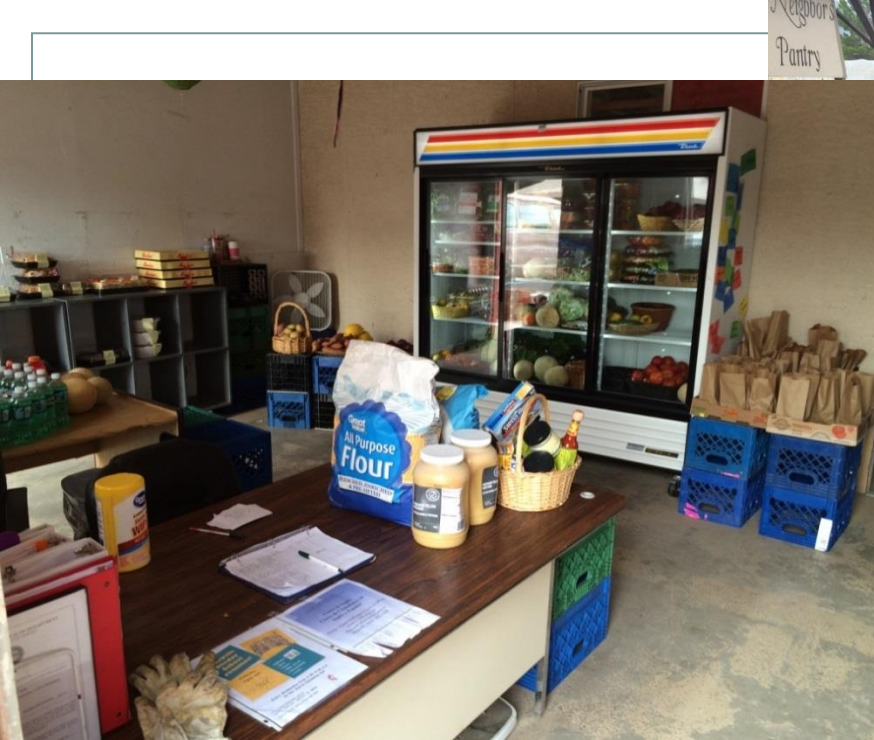
- The river is the lifeblood of the community
- Natural resource use and adaptation
- Creative funding leading to internal stability
- Pride in the community and the surrounding environment
- Strength of the community helping each other
- Collaboration and education



Tuesday: Our Nifty Neighbors



- Max and Sherri's hard work and dedication to the community farm and pantry
- The pantry provides vital services to anyone in need: introducing fresh foods, nutrition education
- Fundraising
- Building community through volunteering



Wednesday: Spectacular Seniors



- Honoring our elders, listening to their stories over breakfast
- First-hand experience with assisting seniors through Meals on Wheels
- Insight into roles of volunteers
- Overview of resources for seniors: skilled nursing facilities, assisted living
- Planning for realities of aging



Thursday: Back to Our Childhood



- Observed two facilities available for child care and early education
- Surveys underscore the need for maintaining high quality care
- Both facilities provide physical activity, nutritious meals, and basic hygiene at early ages
- Allows working families to maintain jobs and keep medical appointments
- Affordably priced

Classroom Rules

1. Be safe.
2. Be nice.
3. Inside voices.
4. Keep your hands and feet to yourself.
5. "Happy" feet (walk)
6. Listening ears



Thursday: Native American Enlightenment



- Impact of The Relocation Act on Navajo nations
- Importance of ceremony and traditional healing
- Indian Health Services and public health



Friday: Fascinating Freeport



- Community pride and collaboration
- Operational overview and safety measures
- Efforts at water recycling and natural resource preservation
- Education
- Workforce diversity



Health



- Health disparities
- Accessibility and affordability
- Recruitment and retention
- Integrated care
- EAHEC
- Overview of programs to resolve disparities
- Public health nurse

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