# 2021 – 2022 Public Health Curriculum Guide

Mel & Enid Zuckerman College of Public Health

Bachelor of Science with a major in Public Health (main campus)

The Bachelor of Science with a major in Public Health at the University of Arizona is a degree that will provide you with comprehensive coursework and experiential education in public health. In Arizona, the UA public health degree is the only program accredited by the Council on Education for Public Health.

You will have the opportunity to customize your degree experience to match your interests, aspirations, and future goals. Learn more about the emphasis areas and decide which is right for you.

Emphasis Options:	For students seeking careers in	Students learn about
Environmental and Occupational Health	Public health research, environmental health, occupational health and safety, industrial hygiene, compliance, and similar professions.	Industrial hygiene, health and safety hazards, hazard management, exposure and risk assessment, behavioral safety, and public health preparedness.
Global Health	A global setting or agencies concerned with global health.	Geographical variations of disease prevalence and how to develop, manage, and evaluate public health programs designed to address health disparate populations.
Health Promotion	Public health education, public health promotion, community outreach and assessment, social and behavioral sciences, and similar professions.	Health education methods, health promotion and intervention strategies, community services, cultural humility, and the impacts of sociocultural differences on public health.
Health Systems Theory and Practice	Health care administration, health care policy, public health management, and similar professions.	Economics of health care and health care reform, hospital management and administration, health policy, biological research, biomedicine, mental health issues, organizational assessment and planning, and public heath marketing.
One Health	Research between animal, human and environmental interactions, epidemiology, zoonotic disease research, and similar professions.	Climate change, environmentally acquired illnesses, shifts in human interaction with the natural world and how it affects human health, identifying the interconnection between people, animals, plants, and their shared environment.
Quantitative Methods in Public Health	Public health research, epidemiology, biostatistics, data analysis and collection, health data management, and similar professions.	Quantitative methods often used to address public health issues, including study designs, data collection, analysis, acquisition and integration concepts from genetic association studies and infectious disease studies, data assessment and visualization, and data analysis and communication.

## Name: \_\_\_\_\_\_

# Mel & Enid Zuckerman College of Public Health

## Aspirations for after graduation: \_\_\_\_\_\_

# Expected Graduation date: \_\_\_\_\_

PRE-MAJOR PREREQUISITE COURSES (all units required, q Please note: students are eligible to apply to the major when the re			ver.	
Course Number and Title	Units	Notes		Grade
First Semester Composition ENGL 101, 101A or 107	3			
Second Semester Composition ENGL 102, 108 or 109H	3			
Second Language Second Semester Language Proficiency	0-8			
College Algebra MATH 112 or higher	3			
Personal Health and Wellness HPS 178	3			
Introduction to Public Health HPS 200	3			
Introduction to Nutrition NSC 101	3			
Chemistry CHEM 130/130L and selective science* or	7-8			
CHEM 151 and CHEM 152 or				
CHEM 141/143 and CHEM 142/144 or				
CHEM 161/163 and CHEM 162/164				
Introductory Biology MCB 181R	3			
Introductory Biology Lab MCB 181L	1			

\*Selective science: ECOL 182R, PSIO 202, MIC 205A, CHEM 241A, PHYS 102, PHYS 142, PHYS 161H or approved transfer course (1<sup>st</sup> Semester Chemistry cannot be used as selective science).

GENERAL EDUCATION COURSES (all units required before graduation, grades D or higher)				
Individuals and Societies - Tier I: 150 numbered course	3			
Individuals and Societies - Tier I: 150 numbered course	3			
Traditions and Cultures - Tier I: 160 numbered course	3			
Traditions and Cultures - Tier I: 160 numbered course	3			
Arts or Humanities - Tier II	3			
Individuals and Societies - Tier II	3			
(PHPM 310/HPS 387/HPS 300 may not be used)				

Arizona transfer students: AGEC Complete? 
VES IN NO IN PROGRESS

Edit Date:

Curriculum Guide: 2021-2022

Bachelor of Science Major in Public Health

ID:\_\_\_\_\_

## **REQUIRED PUBLIC HEALTH COURSES**

All courses on this page must be completed to graduate with a major in public health.

### PUBLIC HEALTH CORE ONE (all 25 units required, grades C or higher)

\*Students may complete these courses as pre-public health students or public health students, if individual course prerequisites are met.

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Course Number and Title	Units	Semester Typically Offered	Notes	Semester/Year	Grade
PSIO 201* or 380* Anatomy and Physiology I or Fundamentals of	4	Fall, Spring, Summer			
Human Physiology					
HPS 307 Public Health Narratives or	3	Fall, Spring, Summer			
ENGL 307* or 308* Business Writing or Technical Writing					
EPID 309 Introduction to Epidemiology	3	Fall, Spring			
PHPM 310 Health Care in the U.S.	3	Fall, Spring			
HPS 350 Principles of Health Education and Health Promotion	3	Fall, Spring			
EHS 375 Introduction to Environmental and Occupational Health	3	Fall, Spring, Summer			
BIOS 376 Introduction to Biostatistics	3	Fall, Spring			
HPS 387 Health Disparities and Minority Health	3	Fall, Spring, Summer			

\*Course availability/offerings for PSIO and ENGL courses determined by the Physiology and English departments

### To enroll in 400-level public health courses:

Students must have applied and been admitted to the professional public health major



(To apply to the public health major, students must have completed the necessary pre-major prerequisites and have a cumulative UA GPA of 2.0 or higher)

### PUBLIC HEALTH CORE TWO (all 6 units required, grades C or higher)

#### \*Students must be admitted to the professional public health major to enroll in these courses.

HPS 433 Global Health	3	Fall, Spring		
HPS 478 Public Health Nutrition	3	Fall, Spring		

### **PUBLIC HEALTH INTERNSHIP** (all 6 units required, grade P or S)

Students can customize their degree with an internship experience tailored to their interests and future goals.

\*Students **must be admitted** to the professional public health major to enroll in this course.

\*\* To complete the required internship, students must have satisfactorily completed HPS 178, HPS 200, HPS 350, and the internship prep orientation.

\*\*\*It is recommended to split the internship over two terms (fall, spring, summer).

\*\*\*\*Students are limited to the UA maximum of 19 units/semester when completing internship units.

HPS 493A(/H) Public Health Internship	3	Fall, Spring, Summer		
HPS 493A(/H) Public Health Internship	3	Fall, Spring, Summer		

Extracurricular involvement (work, clubs, volunteer, research, etc.):

Environmental and Occupational Health Emphasis:		Semester Typically			
Select any 9 units in addition to the required EHS 484** course	Units	Offered	Notes	Semester/Year	Grade
EHS 484** Fundamentals of Industrial and Environmental Health	3	Fall			
HPS 401 Introduction to Mapping for Public Health	3	Summer			
HPS 409 Global Water, Sanitation, and Hygiene (WaSH)	3	Spring			
EHS 418 Introduction to Health Risk Assessment	3	Fall			
EHS 420 Environmentally Acquired Illnesses	3	Spring			
EHS 422 Safety Fundamentals	3	Spring			
EHS 425 A Public Health Lens to Climate Change	3	Fall			
EHS 426 Topics in Environmental Justice	3	Fall			
EHS 439A Outbreaks and Environmental Biology: Then to Now	3	Summer			
EHS 489 Public Health Preparedness	3	Fall			

## **PUBLIC HEALTH EMPHASIS COURSES** (Select ONE (1) emphasis and complete 12 units in that emphasis with grades D or higher)

Global Health Emphasis:		Semester Typically			
Select any 12 units	Units	Offered	Notes	Semester/Year Gra	rade
HPS 401 Introduction to Mapping for Public Health	3	Summer			
HPS 404 Fundamentals of Evaluation	3	Spring			
HPS 409 Global Water, Sanitation, and Hygiene (WaSH)	3	Spring			
EPID 411 Health and Disease Across Time and the World	3	Spring			
HPS 416 The World's Food and Health	3	Fall			
HPS 417 Health Systems in Global Health	3	Fall			
HPS 459 Management of Global Public Health Emergencies	3	Fall			
EPID 479 Infections and Epidemics	3	Spring			
Upper Division Public Health Study Abroad Credits	3-6	Fall, Spring, Summer*			

Health Promotion Emphasis:		Semester Typically			
Select any 12 units	Units	Offered	Notes	Semester/Year	Grade
HPS 400 Contemporary Community Health Problems	3	Fall			
HPS 401 Introduction to Mapping for Public Health	3	Summer			
HPS 403 Applications in Health Promotion: Behavioral Theories & Health	3	Fall			
HPS 404 Fundamentals of Evaluation	3	Spring			
HPS 409 Global Water, Sanitation, and Hygiene (WaSH)	3	Spring			
HPS 481 Health Education Intervention Methods	3	Spring			
HPS 488 Adolescent Health	3	Spring			
HPS 497E Public Health for Community Wellness	2	Fall, Spring			
HPS 497G Open Airways for Schools	1	Fall, Spring			
HPS 497L Public Health for School and Community Based Obesity Prevention	2	Fall, Spring			

Health Systems Theory and Practice Emphasis:		Semester Typically			
Select any 12 units	Units	Offered	Notes	Semester/Year	Grade
HPS 402 Corporate Wellness	3	Summer			
HPS 405 Biology in Public Health Research and Practice	3	Spring			
PHPM 407 Health Economics and Policy	3	Fall, Spring			
HPS 412 Public Health Approaches to Mental Health Disorders in the US	3	Spring			
HPS 417 Health Systems in Global Health	3	Fall			
PHPM 415 Strategic Planning	3	Fall			
PHP 421 Introduction to Public Health Law and Ethics	3	Summer			
PHPM 458 Health Care Marketing	3	Spring			

One Health Emphasis:		Semester Typically			
Select any 6 units in addition to the required EHS/EPID 445** and EHS 446** courses	Units	Offered	Notes	Semester/Year	Grade
EHS/EPID 445** One Health Foundations	3	Spring			
EHS 446** One Health Approach and Case Studies	3	Fall			
HPS 409 Global Water, Sanitation, and Hygiene (WaSH)	3	Spring			
EHS 418 Introduction to Health Risk Assessment	3	Fall			
EHS 420 Environmentally Acquired Illnesses	3	Spring			
EHS 439A Outbreaks and Environmental Biology: Then to Now	3	Summer			
EPID 479 Infections and Epidemics	3	Spring			

Quantitative Methods in Public Health Emphasis:		Semester Typically			
Select any 12 units	Units	Offered	Notes	Semester/Year	Grade
HPS 401 Introduction to Mapping for Public Health	3	Summer			
EPID 411 Health and Disease Across Time and the World	3	Spring			
EPID/BIOS 450 Health Data Acquisition, Assessment, and Integration	3	Fall			
BIOS/EPID 451 Health Data Management and Visualization	3	Fall			
BIOS/EPID 452 Health Data Analysis and Communication Methods	3	Spring			
EPID/BIOS 453 Health Data Science Practice	3	Spring			
EPID 479 Infections and Epidemics	3	Spring			

<b>PUBLIC HEALTH ELECTIVE COURSES</b> (9 units, grades D *Emphasis course options may be used as elective options but these	-	-	lk with your advisor abo	ut the hest ontions for	your future plans	
Course Number and Title	Units	Semester Typically Offered		otes	Semester/Year	Grade
HPS 300 Public Health in the 21 <sup>st</sup> Century	3	Fall				
PHP 301 Introduction to Gerontology	3	Spring				
PHP 305 Population Health in the Digital Age	3	Fall, Spring, Summer				
HPS 306 Drugs and Society	3	Fall, Spring				
PHP 308 Community Health Education for Disease Outbreaks	3	Fall				
PHP 312 Health Promotion and Well-being in Later Life	3	Fall				
HPS 313 Health and Medicine in Classic Antiquity	3	Spring				
PHP 322 Health Education and Ethical Leadership	3	Spring				
HPS 330 Human Sexuality	3	Fall, Spring, Summer				
HPS 408 Disabilities in Public Health	3	Spring				
HPS 425 Latino Health Disparities	3	Fall				
PHP 436 Aging, Environment & Well-being	3	Fall, Spring				
PHP 437 Management and Leadership in Long-term Care	3	Spring				
PHP 438 Health Profession Finance	3	Fall, Spring				
HPS 438A Women's Health in the Global Perspective	3	Fall				
<b>PHP 440</b> Medicaid: Policy, Politics, and Practices of Access to Healthcare	3	Fall				
HPS 444 Rethinking Race and Health in the United States	3	Fall				
PHP 447 Case Studies in State Health Policy	3	Spring				
HPS 449 Family Violence	3	Fall				
HPS 487 Feminist Interpretations of Health	3	Fall, Summer				
CPH 491 Preceptorship	1-3	Fall, Spring, Summer				
CPH 492/399/499 Directed Research/Independent Study	1-3	Fall, Spring, Summer				
HPS 493B (Elective) Internship in Public Health	1-6	Fall, Spring, Summer				
EPID 495 Special Topics in Epidemiology	3	Fall, Spring				
HPS 497F Community and School Garden Workshop	2-6	Fall, Spring				
EPID 497S Skin Cancer Prevention in the Community Setting	1-2	Fall, Spring				
CPH 498H Honors Thesis	3-6	Fall, Spring, Summer				

# **GENERAL ELECTIVES** (consult with your advisor about how many units you need to reach the University minimum of 120 total units. Most public

health students need 15 units. Grades D or higher)

These courses can be *any* units, including prerequisite requirements for your future aspirations, transfer coursework not directly applicable to degree requirements, minor coursework, etc.

Course Number and Title	Units	Notes	Semester/Year	Grade

Notes: